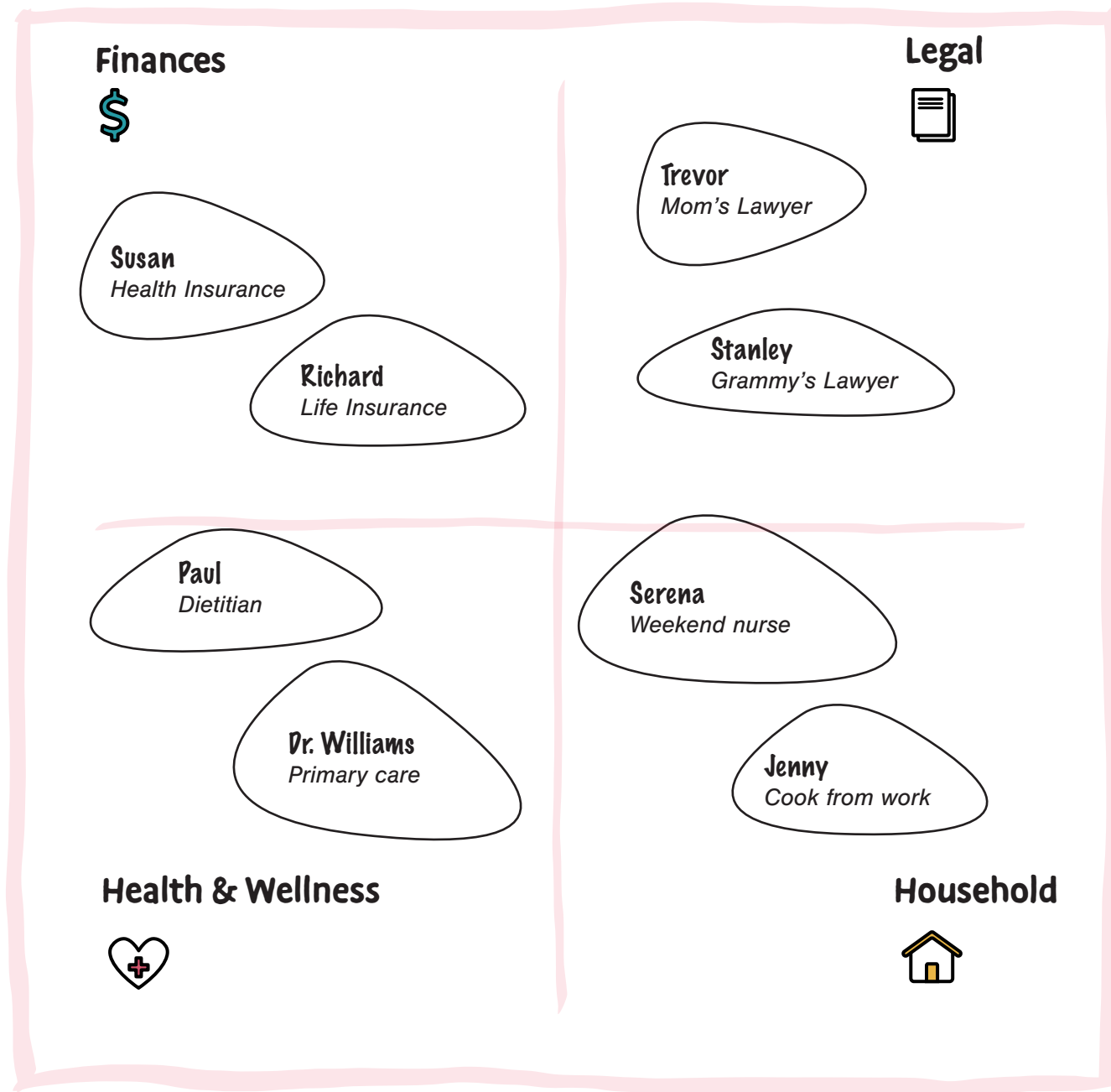


# Build your professional care team

This map is where you can put down the names of the people you can look to for help. These are your professional assistants who may help you with **finances**, **health & wellness**, **legal** or **household**.

Example



Here is a copy of the map for you to give it a go...

**Finances**



**Legal**



**Health & Wellness**



**Household**



*Visit the resource pages (pg. 80-83) for more information*